



Jim's Books For Cooks and Gardeners Too!

See what's happening in our garden this week:
jimlongsgarden.blogspot.com

Preserve your Bountiful Harvest Series Make Your Own Hot Sauce

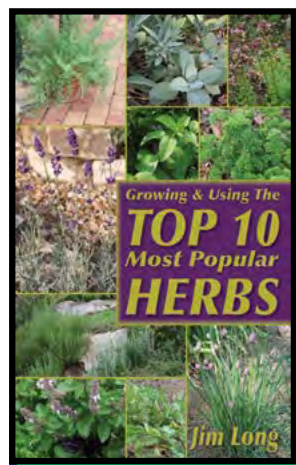


If you like growing peppers, and like hot sauce, you will love Jim's recipes. (Hot sauce is not the same as salsa. Hot sauce is used by the drop for seasoning, while salsa is used for dipping.) Jim's recipes give you the option to make mild sauces, like Tabasco, or sizzling hot ones for the real pepper lover.

40 pages.

Make Your Own Hot Sauce ... \$6.95

The Top 10 Most Popular Herbs

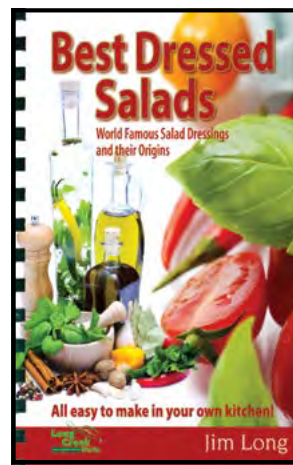


This is an excellent book for gardeners who want to know how to grow and use the herbs experts consider essential. Jim conducted an extensive survey of plant sellers across the United States & Canada, and this book is the result. With each herb you will find growing information, best varieties, potential pests, growing tips and recipes for using what you grow. This book is popular with beginners and people who have been growing herbs for decades!

36 pages, with 4 color pages inside.

Top 10 Herbs ... \$6.95

The Best Dressed Salad



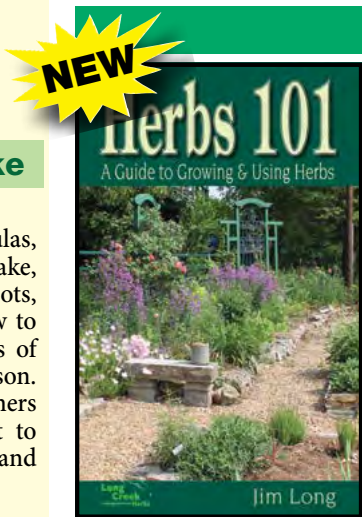
This book was the result of a question at dinner one night, "What's Cobb salad and where did it come from?" That prompted Jim to research not only Cobb salad, but led him into the histories of some of the world's most famous salads and their dressings. This is an interesting read, as well as a cookbook stuffed full with 188 easy dressings you can make in minutes in your own kitchen!

104 pages, spiral bound.

The Best Dressed Salad ... \$10.95

NEW COVER

Herbs Just For Fun

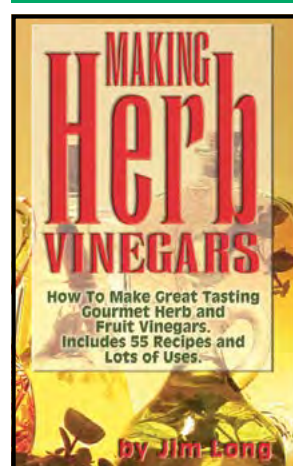


Herbs 101 gives the basics of growing herbs in a garden or containers. Jim offers plans for a culinary garden, fragrance garden and more, along with detailed instructions for propagating, growing and using herbs. He has also included lots of recipes to get you started using the herbs you grow.

36 pages.

Herbs 101 ... \$5.95

Making Herb Vinegars



In this book you will find information about the kinds of vinegar to use and which method for making vinegar best suits your needs. There are 55 recipes for making herb and fruit vinegars, including recipes for the bath, for hair rinses and face splashes, along with tips for using vinegars for salad dressings, for first aid and lots more.

36 pages.

Making Herb Vinegars ... \$5.95

Great Herb Mixes You Can Make



Hundreds of our favorite herb formulas, along with herb craft projects to make, seasonings, body and pet products and lots, lots more. Also information about how to price your product, resources and lots of information for the small business person. (This is also great for selling to customers who grow their own herbs and want to know how to make seasonings for gifts and their own use.)

102 pages, spiral bound.

Great Herb Mixes You Can Make ... \$10.95

New cover summer 2014!

Easy Dips, Using Herbs



This is a great collection of Jim's favorite party dips. You'll find 112 delicious dips for entertaining and also 43 ethnic dips that Jim has collected from his world travels, including dips from Thailand, India, Mexico, Italy and Indonesia. You'll find vegetarian dips, nondairy dips and low calorie ones, as well as lots of traditional ones, including seafood, layered and creamy dips. Entertaining can be quick and easy and the recipes you'll find here make it fun!

104 pages, spiral bound.

Easy Dips, Using Herbs ... \$10.95

How To Eat A Rose



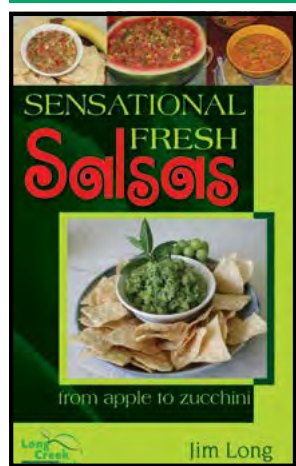
Simply Delicious Recipes for Using Roses

In this book you will find a wealth of recipes for making easy, simple, elegant and exciting foods using fragrant roses as the primary ingredient.

36 pages.

How to Eat a Rose ... \$5.95

Sensational Salsas, from Apple to Zucchini



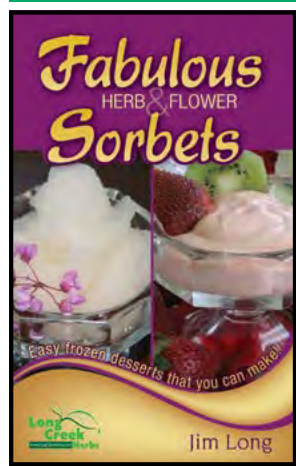
Fresh salsas are not just for dipping. Jim's included lots of easy, fast and tasty recipes, many of which are delicious as both dips and as side dishes for holiday meals. Tart apple salsa (serve it with roast turkey), banana salsa, Evil Jungle Prince salsa - there are 55 wonderful recipes for any time of year.

36 pages.

Sensational Salsas ... \$5.95

NEW COVER

Fabulous Herb & Flower Sorbets



Wonderful recipes for simple, easy frozen desserts using herbs and flowers. These are sooo good! Covers methods for making easy frozen desserts and sorbets, edible flowers to use and Jim's fabulous recipes.

36 pages.

Fabulous Herb and Flower Sorbets You Can Make ... \$5.95

NEW COVER

Easy Homemade Crackers, Using Herbs



Some customers who have tried the recipes in this book ask us how store bought crackers ever became so popular! Here you will find instructions, tips and lots of recipes for making your own homemade crackers. Many of the recipes use fresh or dried herbs; All of them are easy, delicious and fun to make.

36 pages.

Easy Homemade Crackers, Using Herbs ... \$6.95

Herbal Cosmetics



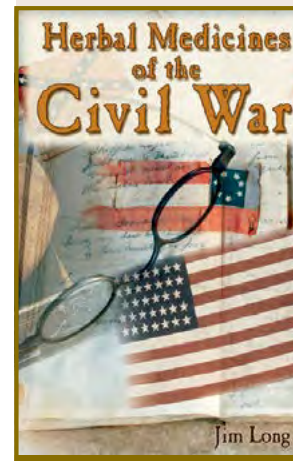
Want to find even more uses for the herbs growing in your garden? Herbal Cosmetics contains detailed recipes for making hair rinses, body oils, bath blends and lots more; all from the garden and kitchen. Bountifully illustrated with Jim's drawings and old, antique prints.

28 pages.

Herbal Cosmetics ... \$5.95

American Herbal History Series

Herbal Medicines of the Civil War

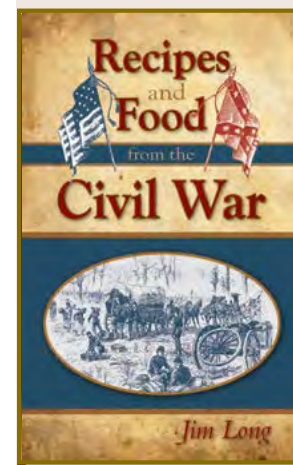


Civil War doctors were not all surgeons. Many were local country doctors and folk healers who were brought into the war to help with the wounded. Herbs and plants played a big part in medicine of the 1800s and this is a look at the plants that were used for healing. A valuable reference for anyone interested in historical plant medicines. Taken from Jim's "Healing the Wounded Soldier" lectures.

36 pages.

Herbal Medicines of the Civil War ... \$6.95

Recipes and Food from the Era of the Civil War

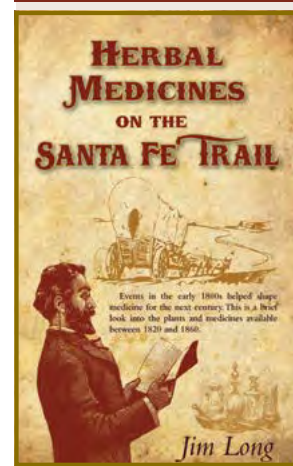


This is one of Jim's first books on the history of herbs and their uses in the United States, and it remains a best seller. Popular with Civil War reenactment groups, gardeners, theme cooks and herbalists, this little book is informative and amusing.

30 pages.

Recipes, Cooking Practices and Food from the Era of the Civil War ... \$5.95

Herbal Medicines on the Santa Fe Trail

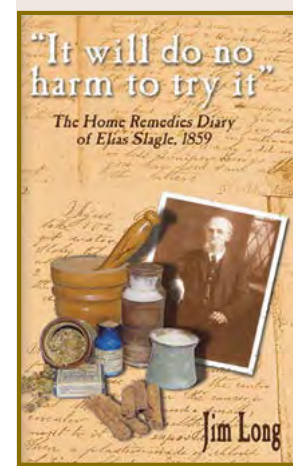


The Santa Fe Trail was seminal to the westward expansion of the United States, but that expansion would likely have been delayed decades had it not been for the discovery of quinine and a few other simple remedies. Popular with re-enactors and history buffs alike, this book documents many of the healing plants, practices and medicines of the 1840s up to the Civil War. Nicely illustrated.

26 pages.

Herbal Medicines on the Santa Fe Trail ... \$5.95

"It will do no harm to try it"



Elias Slagle began his diary in 1859 when he was 18 years old, living in Ohio. He began recording herbal and folk remedy formulas, word for word, from doctors and healers he encountered. From a humorous "cure" for rattlesnake bites to distemper in "Dogs", Slagle gives us a vivid glimpse into plant medicines, life and lifestyles of the mid-1800s. This collection of healing formulas is a colorful addition to any library of plant and folk medicines of the 19th century.

68 pages.

"It will do no harm to try it" ... \$9.95

Enjoy Better Sleep with our Ready-made Dream Pillows

My formulas are based on ancient formulas from the 1500s, when physicians would use a mixture of soothing herbs in pillows just like these, putting them beside patients who were healing from illness - mental or physical. Why does it work? Sleep pillows are based on how our mind perceives natural fragrances. Some herbs and flowers are soothing and eliminate nightmares, while other dream blends stimulate dreaming.

Each pillow is hand-sewn with my dream blend formula inside, along with a bit of fiberfill to make the pillow soft. Simply remove the pillow from the package and place it anywhere inside your pillowcase. Instructions are included. **\$8.95 each or 4 for \$32, specify Restful or Pleasant.**

Restful Sleep Pillow

Nightmares? Difficulty sleeping? PTSD or flash-back nightmares? Restful Sleep is a formula I learned from a pharmacist friend 2 decades ago. Over the years I've seen this blend ease flash-back nightmares of Veterans and calm nightmares in children. If you have trouble sleeping, have nightmares or PTSD, or simply want better sleep with no dreaming, choose this blend.

Pleasant Dreams Pillow

Want just an enjoyable good dream that you will remember? Pleasant Dreams Sleep formula is a mixture of herbs that give you pleasant dreams, with special herbs to help you remember the dream (and often dreams in color, too). Choose this blend for an all-around good dream you will remember.

Making Herbal & Dream Pillows



Beautifully illustrated, full of dream pillow formulas and Jim's recommendations for using Dream Pillows. This book is a real treasure. Autographed upon request.

Hardcover ... \$14.95

Order two for \$28 and save \$1.90



Dream Pillows & Love Potions

This is the book that started it all! Jim Long's first little book on dream pillows, taken from workshops the past 20 years, gives a brief history of dream pillows and how they work, along with some recipes and formulas. Give copies of this interesting book when making dream pillows for gifts!

Dream Pillows & Love Potions ... \$4.95

To read more about Dream Pillows go to: jimsdreampillows.blogspot.com

Introducing our new Sleep Therapy Kits

A fun activity for groups of all ages.
(Nursing homes, support groups, sleep overs, scouts or party favors.)

Each Kit includes enough Dream Pillow blend, cotton drawstring bags and dream folders to make 10 Sleep Therapy packets. (The Dream blend goes into the drawstring bags, then you enclose each in our special Dream Pillow folder, tie them closed and give them as gifts or sell them at your next craft fair. No sewing required! Complete instructions are included, along with a copy of my first book on dream pillows, *Dream Pillows & Love Potions*.

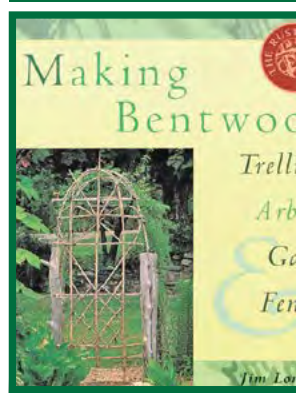
Specify Restful Sleep or Pleasant Dreams Kit \$24.95; or order two Kits for \$44.95.

No Sewing Required in any of our kits.



Kit For 10

Making Bentwood Garden Trellises



Color illustrations of our gardens and trellises, plus chapters on how to make trellises, fences, gates, arbors, along with Jim's great recipes. There's also information about finding wood, what kinds of vines to grow and lots of sources.

This is the best book for a wide range of trellis, gate, fence and arbor projects.

144 pages.

Making Bentwood Garden Trellises ... \$19.95



Doggie Cookie Kit

For making doggie cookie treats. Includes recipes, cute cookie cutters and a packet of mint (for doggie breath) with an attractive header tag. Your doggie will love you for this. Good project for kids, too!

Doggie Cookie Kit ... \$4.95

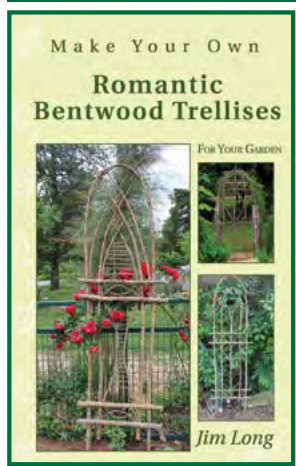
Cookie Kit for Cats

Similar to the doggie cookie kit, but with tasty cat treat recipes and a little packet of catnip for flavoring. Lots of fun for adults or kids and the cats love it, too!

Cookie Kit for Cats ... \$4.95

Buy any 2 (Dog or Cat Kit) for \$8 save \$1.90

How to Make Romantic Bentwood Garden Trellises



Step by step directions for making full-sized garden trellises, and miniatures for the desk planter. Includes simple gates, arbors and decorative fences.

30 pages.

How to Make Romantic Bentwood Garden Trellises ... \$5.95



Molly & Jim

Purr-fect Catnip Pillows
Pure Entertainment for Cats!

Great packaging! The pillow is 5 x 5 inches, with pretty cat design material, filled with fiberfill and our great super-strong catnip. Customers tell us it's so powerful that cats have chewed through the shipping box to get to the pillow! Packaged in easy to display window box that shows the cloth pillow inside.

Purr-fect Catnip Pillow ... \$6.95

Buy 2 Pillows for \$12 save \$1.90



